

Training and services 2026



It's our personalised approach that makes us different from other providers. It means we know how to adjust or tailor our training, giving staff the right skills and knowledge to deliver care.

Our training is:

- delivered face-to-face by friendly and expert Registered Nurses
- conveniently carried out in your home, care/nursing home or external classroom venue*
- available as a virtual (live video) option where suitable
- aligned with best practice and national standards for care and delegated healthcare tasks

From training new personal assistants and health care assistants to developing or refreshing the knowledge and techniques of your long-term team, we can adapt course content to meet your needs.

Below are some of our popular training topics. Talk to us about your needs and how we can support you on **01424 427 430** or email us on **office@heronandgull.co.uk**.

Training course topic
ACE bowel washout
Anaphylaxis and Epi Pen
Asthma
Autonomic dysreflexia
Basic life support
Blood glucose monitoring
Bowel care with up to 3 interventions (bundle)
Buccal Midazolam
Catheter care, urethral/suprapubic
Challenging behaviour
Chest/limb physiotherapy
Continence
Cough assist
CPR and AED
Dementia (supporting a person with)
Diabetes (/or pre-Diabetes)
Diabetes with blood glucose, ketone monitoring and insulin administration (bundle)
Digital rectal stimulation (DRS)
Digital removal of faeces (DRF)
Duty of care
Dysphagia
Dysphasia
Ear care
Emergency First Aid at Work (1 day)
Enemas
Epilepsy
Epilepsy with rescue medication/s (bundle) includes in-session competency assessment

Training course topic
First Aid annual refresher
First Aid for Mental Health (1 day)
First Aid Paediatric
Fit test (FFP3 masks, qualitative/'taste' method) includes a half-day session for up to 8 tests
Fluids and nutrition
Gastrostomy feeding and care
Gastrostomy feeding and care including medications via G-tube
Infection prevention and control
Insulin administration
Jejunostomy feeding and care
Jejunostomy feeding and care including medications via JEG
Learning disabilities (supporting a person with)
Medications administration
Mental Capacity Act and DOLS
Mental health conditions (supporting a person with)
Moving and handling of the object
Moving and handling of the person (practical)
Moving and handling of the person (theory)
Moving and handling of the person post-seizure
Nasogastric feeding and care
Nasogastric feeding and care including medications via NG
Nebulisers
Nebulisers (as a Medications administration add on)
Non-invasive ventilation (e.g. BiPAP CPAP)
Oral health and mouth care
Oxygen administration
Oxygen saturations measuring and recording (as a Medications administration add on)
PEG feeding and care
PEG feeding and care including medications via PEG
PEG feeding and care including medications via PEG and planned tube changes
Peristeen (trans-anal irrigation)
Positive behaviour support (PBS)
Postural hypotension
Preparing for Liberty Protection Safeguards
Pressure areas prevention, monitoring and care
Privacy and dignity
Record keeping
Rectal Diazepam
Rectal suppositories
RIG feeding and care
RIG feeding and care including medications via RIG
Safeguarding adults
Safeguarding children
Sepsis
Spinal injury care (bundle)
Stoma care
Subcutaneous injection administration
Suctioning (oral/nasal/oropharyngeal/nasopharyngeal)

Training course topic
Tissue viability/skin care
Tracheostomy care
Venepuncture
Vital signs
Vital signs (as a Medications administration add on)
Wound care

Is a topic you need not listed in our most popular? Please contact us, as we can provide training on a wide range of clinical tasks.

Other services

In addition to training courses, we support learners, PHB holders and organisations in many other ways, including:

Service
Competency assessment (observed practice, or in-simulation)
Care plan development
Basic life support escalation protocol development
Care plan review and update

By offering a pick and mix approach, those who commission our services can get the package of support that best meets their needs.

Bundle pricing, add-ons and discounts

Bundle price: This is a special price for related topics when delivered in one session e.g. Bowel care, including 3 chosen interventions such as DRF, DRS and suppositories, or Diabetes including blood glucose and ketone monitoring and insulin administration.

Add-ons: Selected topics are offered as add-ons to our Medications administration training and are charged at a reduced cost to the standard price (when ordered with our Medications administration training and delivered in the same session).

Second courses discount: We offer a 15% discount off of second and subsequent courses of the same topic when booked at the same time (for example, learners schedules cannot coincide and they need to train separately).

Classroom competency assessment discount: We offer in-simulation competency assessments for larger groups of learners at a substantial discount when delivered with classroom training.

Talk to us

Talk to us about your needs and how we can support you on **01424 427 430** or email us on **office@heronandgull.co.uk**. We can provide a fast, no obligation quote.

*External venues: Training can be carried out at external venues, but are arranged by, and at the cost of the commissioner.