

# Training courses 2025



It's our personalised approach that makes us different from other providers. It means we know how to adjust or tailor our training, giving your staff the right skills and knowledge to manage care.

Our training is:

- delivered face-to-face by friendly and expert Registered Nurses
- conveniently carried out in your home or care/nursing home
- available as a virtual (live video) option where suitable
- aligned with best practice and national standards

From training new personal assistants and health care assistants to developing or refreshing the knowledge and techniques of your long-term team, we can adapt course content to meet your needs.

Below are some of our popular training topics. Talk to us about your needs and how we can support you on **01424 427 430** or email us on **[office@heronandgull.co.uk](mailto:office@heronandgull.co.uk)**.

ACE bowel washout
Anaphylaxis and Epi Pen
Asthma
Autonomic dysreflexia
Basic life support
Blood glucose monitoring
Bowel care with up to 3 interventions (bundle)
Buccal Midazolam
Catheterisation, urethral/suprapubic
Challenging behaviour
Chest/limb physiotherapy
Continence
Cough assist
CPR and AED
Dementia
Diabetes (/or pre-Diabetes)
Diabetes with blood glucose and ketone monitoring and insulin administration (bundle)
Digital rectal stimulation (DRS)
Digital removal of faeces (DRF)
Duty of care
Dysphagia
Dysphasia
Ear care
Emergency First Aid at Work (1 day)

Enemas
Epilepsy
Epilepsy with rescue medication/s (bundle) includes in-session buccal Midazolam competency assessment
First Aid annual refresher
First Aid for Mental Health (1 day)
First Aid Paediatric
Fit test (qualitative/'taste' method)
Fluids and nutrition
Gastrostomy feeding and care
Gastrostomy feeding and care including medications via G-tube
Infection prevention and control
Insulin administration
Jejunostomy feeding and care
Jejunostomy feeding and care including medications via JEG
Learning disabilities (supporting a person with)
Medications administration
Mental Capacity Act and DOLS
Mental health
Moving and handling of the object
Moving and handling of the person (practical)
Moving and handling of the person (theory)
Moving and handling of the person post-seizure
Nasogastric feeding and care
Nasogastric feeding and care including medications via NG
Nebulisers
Non-invasive ventilation (e.g. BiPAP CPAP)
Oral health and mouth care
Oxygen administration
PEG feeding and care
PEG feeding and care including medications via PEG
PEG feeding and care including medications via PEG and planned tube changes
Peristeen (trans-anal irrigation)
Positive behaviour support (PBS)
Postural hypotension
Preparing for Liberty Protection Safeguards
Pressure areas prevention, monitoring and care
Privacy and dignity
Record keeping
Rectal Diazepam
Rectal suppositories
RIG feeding and care
RIG feeding and care including medications via RIG
Safeguarding adults

Safeguarding children
Sepsis
Spinal injury care (bundle)
Stoma care
Suctioning (oral)
Tissue viability/skin care
Tracheostomy care
Venepuncture
Vital signs
Wound care

Is a topic you need not listed in our most popular?

Please contact us, as we can provide training on a wide range of clinical tasks.

## About Heron and Gull

Our nationwide training team is made up of registered nurses, experts in their subject and excellent educators.

## Services

In addition to training courses, we support learners, PHB holders and organisations in many other ways, including:

- observed practice competency assessment
- care plan development
- scheduled and unscheduled reviews of care and associated learning requirements

By offering a pick and mix approach, those who commission our services can get the package of support that best meets their needs.

## New: Fit Mask (FFP3) Testing

We now provide a Qualitative Face Fit Testing service (also known as the taste test) for personal assistants, Healthcare Assistants, Nurses, and other staff wearing FFP3 protective masks. Face fit testing ensures the mask is suitable for the individual wearer. It is a legal requirement (INDG 479 and COSHH regulations) that workers using tight fitting respiratory protective equipment (face pieces/masks) must be fit tested by a competent person. We offer a half-day session for up to 8 tests for a competitive fixed price.

## Talk to us

Talk to us about your needs and how we can support you on **01424 427 430** or email us on **office@heronandgull.co.uk**