

## Training and virtual training

It's our personalised approach that makes us different from other providers. It means we know how to adjust or tailor our training, giving your staff the right skills and knowledge to manage care.

Our training is:

- aligned with best practice and national standards
- delivered by friendly and expert Registered Nurses
- conveniently carried out in your home or care/nursing home
- available as a virtual (live video) option where suitable

From training new personal assistants and health care assistants to developing or refreshing the knowledge and techniques of your long-term team, we can adapt course content to meet your needs.

Below are some of our popular training topics. Talk to us about your needs and how we can support you on **01424 427 430** or email us on **office@heronandgull.co.uk**.

ACE bowel washout	Fluids and nutrition
Anaphylaxis and Epi Pen	Gastrostomy feeding and care
Asthma	Infection prevention and control
Autonomic dysreflexia	Insulin administration
Basic life support	Jejunostomy feeding and care
Blood glucose monitoring	Learning disabilities
Bowel care	Medications
Buccal Midazolam	Mental Capacity Act and DOLS
Catheterisation, urethral/suprapubic	Mental health
Challenging behaviour	Moving and handling
Continence	Moving and handling an individual
Cough assist	Nasogastric feeding and care
CPR and AED	Nebulisers
Dementia	Non-invasive ventilation (e.g. BiPAP CPAP)
Diabetes	Observations
Digital rectal stimulation (DRS)	Oral health and mouth care
Digital removal of faeces (DRF)	Oxygen administration
Duty of care	PEG feeding and care
Dysphagia	Positive behaviour support (PBS)
Dysphasia	Postural hypotension
Ear care	Preparing for Liberty Protection Safeguards
Emergency First Aid at Work (1 day)	Pressure areas prevention, monitoring and care
Enemas	Privacy and dignity
Epilepsy	Record keeping
First Aid annual refresher	Rectal Diazepam
First Aid for Mental Health (1 day)	Rectal suppositories
First Aid Paediatric	Safeguarding adults
Fit test (qualitative/'taste' method)	Safeguarding children

Sepsis	Tissue viability/skin care
Spinal injury care	Tracheostomy care
Stoma care	Venepuncture
Suctioning	Wound care

Is a topic you need not listed in our most popular? Please contact us, as we can provide training on a wide range of clinical tasks.

## About Heron and Gull

Our nationwide training team is made up of registered nurses, experts in their subject and excellent educators.

## Services

In addition to training courses, we support learners, PHB holders and organisations in many other ways, including:

- observed practice competency assessment
- care plan development
- scheduled and unscheduled reviews of care and associated learning requirements

By offering a pick and mix approach, those who commission our services can get the package of support that best meets their needs.

## New: Fit Mask (FFP3) Testing

We now provide a Qualitative Face Fit Testing service (also known as the taste test) for personal assistants, Healthcare Assistants, Nurses, and other staff wearing FFP3 protective masks. Face fit testing ensures the mask is suitable for the individual wearer. It is a legal requirement (INDG 479 and COSHH regulations) that workers using tight fitting respiratory protective equipment (face pieces/masks) must be fit tested by a competent person. We offer a half-day session for up to 8 tests for a competitive fixed price.

## Talk to us

Talk to us about your needs and how we can support you on **01424 427 430** or email us on **[office@heronandgull.co.uk](mailto:office@heronandgull.co.uk)**